# **VOLUNTEER AT KNOCK SHRINE (VAKS)**



# 16<sup>th</sup> – 18<sup>th</sup> August 2019

**ELPHIN DIOCESEAN PILGRIMAGE** 



Training Day May 26<sup>th</sup> (10am – 4pm)

## WHAT IS THE VAKS PROGRAMME?



We are inviting **YOU** to be part of Knock Shrine and volunteer for on the weekend of the **ELPHIN DIOCESAN PILGRIMAGE (16-18 Aug 2019).** Over the weekend you will meet other young volunteers, welcome pilgrims and help the people who visit Knock.

The Volunteer @ Knock Shrine programme is for all people over *16 years old*. It is an opportunity for you to serve the pilgrims at Knock Shrine. Over 1.4 million people visit Knock Shrine every year from home and abroad. It is a special place of prayer and pilgrimage. The cost of your participation will be covered by the Diocese which includes all your food and accommodation for the weekend and a t-shirt. **PLACES ARE LIMITED**.

## WHY VOLUNTEER?

- Volunteering can add a great deal to your life and to the lives of those you are working with.
- It also gives you the chance to try out something different to your 'everyday' job.
- To form new friendships
- To develop/acquire interpersonal skills
- To have fun!
- To enhance your skillset/experience for University and employment
- To share your talents
- To receive recognition for your voluntary hours of service through the John Paul II awards
- To give something back
- To make a difference in the lives of others
- To obtain training in areas such as Child Safeguarding and Protection and/or First Aid
- Volunteering provides many benefits to both mental and physical health

## **HOW DOES IT WORK?**

You will need to attend the training day at Knock before you can volunteer, training includes the following:

- ~Communication skills
- ~Manual Handling
  - ~Basic First Aid
- ~Youth Ministry ~Team Building
- ~Prayer & Reflection
- ~Liturgy & Spirituality of Knock Shrine
- ~The Story of Knock

~Child Protection

~Sign Language

Training will run on the **26<sup>th</sup> of May** from 10am - 4pm. Training is a mandatory part of taking part in the VAKS programme. Please return the completed application form below along with a completed Garda Vetting Invitation Form no later than April 12<sup>th</sup> 2019 to *Frank McGuinness, Director of Youth and Young Adult Ministry, St. Mary's, Temple Street, Sligo*. Frank will liaise with the Director of the VAKS programme.

<u>Note:</u> If you are over 16 and under 18 years of age you should also have the Vetting Parent/Guardian Consent Form Completed and returned along with the Separate Parental/Guardian Consent Form



Application Form	
PLEASE FILL IN BLOCK CAPITALS	
Name	
Gender: Male 🦳 Female 🔄	
Address:	
Mobile: DOB:	
E: Mail:	
T- Shirt Size: XS M XL L XL	

		give a brief description	
Why do you want to volu	unteer at Knock?		
What are your gifts & ta	lents?		
fell us more about yours	elf? Hobbies etc.	- N	
Name:			
Name:Address:Address:	people whom Knock Sh	ine can contact for a reference Name:	
Name:Address: Number: E: mail:	people whom Knock Sh	ine can contact for a reference Name: Address Number E: mail:	
Name:Address:	people whom Knock Sh	ine can contact for a reference Name: Address Number E: mail: <i>to serve as a volunteer</i>	
Name:Address: Number: E: mail: <i>I declare that the above inform</i>	people whom Knock Sh nation is true and I am fit Date:	ine can contact for a reference Name: Address Number E: mail: <i>to serve as a volunteer</i>	
Please provide the name of two Name:	people whom Knock Shi nation is true and I am fit Date: Date: Date: volunteering for 19 and to attend the training of	ine can contact for a reference Name:	/Guardian to sign here.



# Volunteer @ Knock Parental/Guardian Consent Form

The Volunteer @ Knock programme is open to all young people over the age of 16 years old. Young people will come to one training day on the **26<sup>th</sup> of May** from 10 - 4pm and then volunteer for the weekend of **16<sup>th</sup> -18th August 2019** on the Knock Shrine Grounds. Volunteers will be there during the **Elphin Diocesan Pilgrimage**. They will meet with the leaders on the Friday evening 16<sup>th</sup> at 7pm and stay until Sunday 18<sup>th</sup> at 6pm. The cost for the programme is covered by the Diocese of Elphin which includes all accommodation and food throughout the weekend, and a t-shirt. The safety and well-being of your child is paramount to us and so to ensure their safety, we ask you to carefully fill out the below information: Please contact Frank McGuinness on 987 9880690 if you have any queries.

	CONTACT DETAILS
Applicants Name:	Date of Birth:
Address:	
Parish Name:	
Parents/Guardians Name: 1	2
Parents/Guardians Mobile 1	
Doctors Name:	Doctors Number:
MEDI	CAL/DIETARY INFORMATION

Please give details of any medical conditions or otherwise that we should be aware of. Include details of any illnesses, current medications, dietary requirements, emotional issues, concerns etc.

Include details of allergies they may have:

### PHOTOGRAPHY

From time to time we take pictures and/or conduct video recordings during activities. We would like your permission to use these pictures and videos on our website and social media sites and in promotion of future events in The HUB/Knock Shrine. We will never reference your child by name or provide any specific information regarding your child. We also will never sell these pictures and videos; we will use them exclusively for Knock Shrine purposes.

Please take a moment to let us know your preferences regarding our use of photos and videos of your child *Please circle one of the options below* 

- YES I grant you permission to use photos and video
- NO Please do NOT take or use any photos/ video recordings of my child.

#### PARTICIPANTS CODE OF BEHAVIOR

**Knock Shrine and Parish** seek to proclaim the Kingdom of God and to make known the Good News of Christ more fully through worship, service and witness. In keeping with this aim, ministry with children and young people in Knock is informed by the three principals of truth, justice and love.

Knock recognises the dignity and rights of all children and young people and is committed to ensuring the safety and wellbeing in a way that promotes their human dignity, integrity and worth as children of God.

Knock recognises that all who work with children and young people have a special duty of care towards them. Leaders must create a safe environment for children and young people in order to secure their protection and enable full participation in the life of the church. Knock has committed itself to putting procedures in place to ensure the welfare and protection of children and young people together with the welfare of those who work with them. The welfare of the child is always paramount. It is essential that all young people taking part in the volunteer programme adhere to the code of behaviour at all times.

- 1. The taking of un-prescribed medication, drugs or alcohol on the pilgrimage is absolutely forbidden. Smoking is also forbidden.
- 2. At all times only females are allowed in the female sleeping areas and only males are allowed in the male sleeping areas. Under no circumstances are participants to entertain a member of the opposite sex in their room/ sleeping quarters.
- 3. No -one has permission to be outside the sleeping area after curfew except in the company of one of the appointed leaders. After curfew everyone is obliged to be in their own bed in their own room.
- 4. Participants are not allowed to leave the Knock Shrine grounds at any time without a leader or permission to do so.
- 5. The group leaders are there to ensure the safety and protection of all participants on the programme. They must be respected and listened to at all times.
- 6. Participants are to keep to the timetable to facilitate the achievement of the objectives of the weekend. They will participate actively, fully and in cheerful spirits to the best of their ability in the entire programme of events. Each participant will try their best to make the volunteer programme a success for all.
- 7. To ensure that we can properly look after the young people who volunteer with us you are obliged to inform us if they suffer from any physical or emotional ailment which may affect them during their time here. (All information will be treated with the strictest of confidence)
- 8. Participants must take full responsibility for any valuables/money etc. they bring with them
- 9. Participants must act responsibly at all times, remembering we have a responsibility for the safety of the people in our care.
- 10. We will make every effort that participants are sharing a room/ sleeping area with the person of their choice, however this may not always be possible. In this case we ask participants to accept the room they are assigned to.
- 11. Each person treats everyone with courtesy and respect.
- 12. Bullying will not be tolerated and the leaders of the volunteer programme has a very strict anti-bullying policy.
- 13. Participants are not allowed to use or be on their phone or any devices throughout the day unless in an emergency
- 14. You may contact Knock Youth Ministry at any time throughout the weekends on 0876927850

"I give consent for my child to participate in the volunteer @ knock programme and all associated preparatory and follow up events. I have read the code of behaviour and conditions for the programme. If my child infringes any of the above rules I accept full responsibility for the consequences that may follow. I accept that the knock leaders are responsible for my child only as long as he/she compiles with the code of behaviour"

Signature of parent/ guardian\_

I understand and accept the above conditions and wish to join the volunteer @ knock programme" **Signature of participant** 

Please return your form along with Garda vetting and vetting parental form to your Pope John Paul II Coordinator in your School or directly to Frank McGuinness, Director of Youth and Young Adult Ministry, St. Mary's, Temple Street, Sligo. 087 9880690