

RESOURCE 5: USE OF PERSONAL PROTECTIVE EQUIPMENT (PPE)

SAFE AND EFFECTIVE USE OF PPE – CHURCH CLEANING

PPE is used to help protect the wearer and to help reduce the rate of infection transmission. PPE can give a false sense of security. PPE must work properly and fit properly

THE PPE YOU NEED

For precautionary everyday cleaning in a Church environment you would need

- ✓ Plastic Aprons
- ✓ Gloves (non-sterile Nitrile gloves)
- ✓ Eye protection

If contamination is considered likely, a higher specification of PPE is recommended

- ✓ Filtering face pieces (FFP) respirators class 2 or 3 (FFP2 or FFP3)
- ✓ Goggles or face shield
- ✓ Disposable long-sleeved water-resistant gown
- ✓ Disposable gloves.

HOW TO USE PPE (THE SEQUENCE HERE IS IMPORTANT)

1. Make sure to plan your time well – be hydrated and have a toilet break before putting on PPE
2. Wash hands for at least 20 seconds
3. Put on your plastic apron, or long-sleeved gown if required, making sure it is tied securely at the back
4. Put on eye protection face-shield / goggles if required
5. Put on mask if required
6. Put on nonsterile nitrile gloves
7. You are now ready to enter the area to be cleaned

HOW TO REMOVE AND DISPOSE OF PPE (THE SEQUENCE HERE IS IMPORTANT)

1. To remove gloves grasp the outside of the cuff of the glove and peel off, holding the first glove in the other still gloved hand, insert the finger underneath – i.e. into the second glove - and peel off second glove and put in bin
2. Wash your hands for at least 20 seconds
3. Snap or unfasten the neck ties and allow to fall forward. Snap waist ties and fold apron in on itself, do not touch the outside as it is contaminated, and put into bin
4. Wash your hands for at least 20 seconds
5. Remove eye protection (Put in bin or designated area for cleaning for re-use)
6. Wash your hands for at least 20 seconds

The bin for gloves and aprons should be lined with a plastic bag which comes over the top edge and down the outside of the bin. The bag should be removed by putting fingers under edge of bag – i.e. between bag and outside of bin – and remove without touching inside of the bag and tied then placed inside a second bag which is also tied. This bag should be stored in a designated area for 72 hours and then can go in domestic bin.

SAFE AND EFFECTIVE USE OF PPE – IN THE LITURGY AND FOR HOME VISITS

PPE is used to help protect the wearer and to help reduce the rate of infection transmission. PPE can give a false sense of security. PPE must work properly and fit properly.

THE PPE YOU NEED

For the distribution of Holy Communion at Mass

- ✓ Face covering

For the celebration of Baptism

- ✓ Face covering
- ✓ Cotton buds

For pastoral visits to a home environment you would need

- ✓ Surgical Mask(s)
- ✓ Cotton buds (if celebrating anointing)

OR, if contamination is considered likely, a higher specification of PPE is required

- ✓ Filtering face pieces (FFP) respirators class 2 or 3 (FFP2 or FFP3)
- ✓ Goggles or face shield
- ✓ Disposable long-sleeved water-resistant gown
- ✓ Disposable gloves

HOW TO USE PPE (THE SEQUENCE HERE IS IMPORTANT)

1. Make sure to plan your time well – be hydrated and have a toilet break before putting on PPE
2. Wash hands for at least 20 seconds
3. Put on your plastic apron, making sure it is tied securely at the back.
4. Put on your surgical face mask. For mask with ties - tie the upper straps on top of head and bring the lower straps up in front of the ears and tie on top of head – mouth and nose should be fully covered. For mask with loops make sure the mask is extended to cover your mouth and chin.
5. Put on your eye protection if there is a risk of splashing (if the person you are going to see is coughing).
6. Put on nonsterile nitrile gloves.
7. You are now ready to enter the home / room area to be visited.

HOW TO REMOVE AND DISPOSE OF PPE (THE SEQUENCE HERE IS IMPORTANT)

1. To remove gloves grasp the outside of the cuff of the glove and peel off, holding the first glove in the other still gloved hand, insert the finger underneath – i.e. into the second glove - and peel off second glove and put in bin
2. Wash your hands for at least 20 seconds
3. Remove goggles / shield. Put in bin or designated area for cleaning for re-use
4. Snap or unfasten the neck ties and allow to fall forward. Snap waist ties and fold apron in on itself, do not touch the outside as it is contaminated, and put into bin
5. Wash your hands for at least 20 seconds
6. Once outside the room remove surgical facemask and put in bin
7. Wash your hands for at least 20 seconds

The bin for gloves & aprons should be lined with a plastic bag which comes over the top edge and down the outside of the bin. The bag should be removed by putting fingers under edge of bag – i.e. between bag and outside of bin – and remove without touching inside of the bag and tied then placed inside a second bag which is also tied. This bag should be stored in a designated area for 72 hours and then can go in domestic bin.