

Examples of Actual Parish Activities

- Reading at Mass
- Basket collector
- Member of the Choir/Folk Group
- Church decoration/Cleaning
- Children's Liturgy
- Eucharistic Minister
- Offertory Gifts
- Passion Play
- Preparing Articles for Parish Bulletin
- Youth Alpha
- Adoration
- Faith Friends
- Promote Catholic Schools Week
- Form a school chaplaincy team
- Hospitality
- Christmas Carol Service
- Distribute Flowers for Mothers Day after Mass
- Functions around Easter Liturgies
- Sacramental Preparation Team
- Morning Prayers at school over intercom
- Creating a remembrance garden
- Creating and distributing Exam Prayer Cards
- Opening Year and Graduation Masses

- Hike to Croagh Patrick (Top Up)
- Faith Camps (Top Up)
- Pilgrimage to Lourdes (Top Up)
- Retreats (Top Up)
- World Youth Day (Top Up)

Examples of Social Awareness Activities

- Volunteering in Hospice
- Ongoing fundraising
- Music Tuition at Community Centre
- Organising Christmas Shoebox Appeal in School
- Peer Mentoring
- Red Cross
- St Vincent de Paul
- Sports Coaching
- Volunteering Disability Charities
- Volunteering in Charity Shops
- Volunteering in Youth Clubs
- Volunteering in Community Centre
- Visiting Residential Homes
- Visiting Hospitals
- Visiting Primary Schools
- Cycle against Suicide
- Trocaire Fundraising
- Flag day at school
- Green Schools Projects
- Paired Reading
- Meals on wheels
- Daffodil day fundraising
- Charity Cake Sales
- Litter Picking/Tidy Towns
- Darkness into light
- Positive Mental Health Week
- Irish Cancer Society
- Teaching/Coaching Dance, Music, Art
- Brownies/Scouts
- Foroige/No Name Club leadership
- TY Car Wash for Charity
- First Aid/Order of Malta